



"The Sund Route" is one of almost 20 panorama routes near Denmark's coastline. Panorama routes are quality cycle routes with places to stay, eat and special places to see. Views and insights are the keywords for the routes, as they take you to vantage points and special locations in the countryside. The panorama routes are part of the project "Powered by Cycling: Panorama", supported by the EU's regional fund

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The Sund Route

44 km

If there was a competition for the most beautiful cycle tours in Denmark, the Sund Route would be one of the finalists. The tour around Guldborg Sund passes through beech forests, villages and majestic countryside - for the most part with a glimpse of the Sund

Where the route takes us

You can start the tour anywhere you like but the route described here starts at Slotsbryggen, Nykøbing Falster.

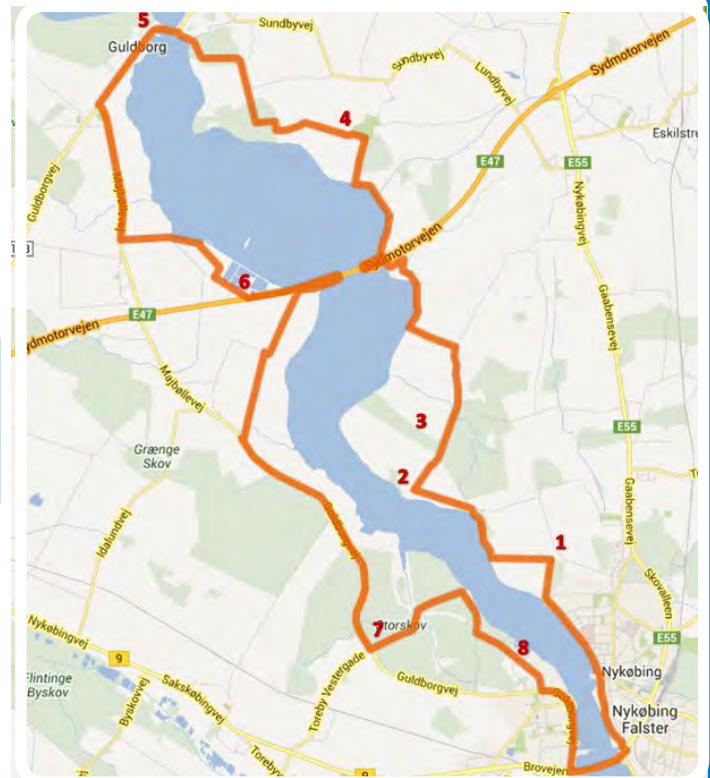
The tour starts from a delightful spot at Strandboulevarden with the Sund to your left. When the Strandboulevard finishes, the route takes you through Indianerstien - a tunnel of trees where the tops of the trees seem to become encircled. Ny Kirstineberg Gods **(1)** offers B&B in the best manorial style with well-appointed rooms on a personal scale. It is open for overnight guests - the other estates on the tour cannot be visited.

The gravel road to Pandebjerg Gods requires you to slow down a little. On the other hand, you have time to enjoy the majestic countryside which opens up with extensive fields, quickset hedgerows and the Sund, which glints in the sunlight. Pandebjerg Gods **(2)**, Klodskovgård **(3)** and Vennerslund Gods **(4)** constitute, together with Gl. Kirstineberg Gods, Guldborgsund Frugt, which is known for its cider production. The sun-ripened apples are grown in the cider orchards on the four estates and in the late summer and autumn are taken to the storage area in Saksøbing from where they are distributed throughout the country. www.guldaebler.dk

From the tunnel to Vennerslund Gods the private road is asphalted – perfect for cyclists.

Guldborg **(5)** is a small town next to the Sund with a place to eat (Cafe Lagunen) next to the marina. On Lollandssiden you'll find a bathing beach, a campsite surrounded by nature with shelters and many good places to fish.

The road from Guldborg and to the bird reserve in Majbølle Nor is a windswept stretch so clench your teeth and take the plunge! An overgrown country road after the bird reserve can make the route difficult to navigate



– so if you have trailers with you, it is recommended you take the country road to Majbølle instead. In Majbølle the sights to see include Majbølle Church and Majbølle Mill.

From the bird reserve in Majbølle Nor **(6)** there is a unique view over Guldborg Sund and to Hjelm Island.

On the stretch before Hamborgskoven, cycle along Guldborgvej. This is the largest and busiest country road on the tour and there are many places where surface is uneven. At Toreby Vestergade turn towards Hamborgskoven **(7)**. Follow the asphalt road, and remember to turn to the left at the asphalted crossroads next to the gigantic thuja conifers. The road takes you to the Medieval Centre **(8)**, the area's most popular tourist attraction. From here follow the Sound Route back to the town of Nykøbing Falster, where there is a wide range of shops, places to eat and places to stay.

In addition to the good cycling you can choose to stop in the bird reserve in Majbølle Nor and the Medieval Centre with the new Medieval Technology Park.

[See the instructions on detailed maps 1 and 2](#)

Roads:

Gravel roads, forest roads and asphalted country roads with moderate traffic. Max 2 % gradient.

Cycling with trailers should be avoided on the route around Majbølle Nor **(uneven road)**. Use the **Majbølle country road instead**.

Cycletime 11 kmh (adults) app. 4 hours

Cycletime 8 kmh (kids) app. 5 hours 30 minutes

Places to eat and shop for groceries

Dagli Brugsen in (Guldborg) www.dagligbrugsenguldborg.dk
Cafe Lagunen (Guldborg) www.cafelagunen.dk
Postholderens sted tel. +45 23 20 83 06 www.postholderenssted.dk
Den gyldne Svane, Medieval Centre www.middelaldercentret.dk
Hotel Liselund, (Sundby) www.hotelliselund.dk
Nærindkøb and post office, (Sundby) tel. +45 40 18 59 78
Føtex, Guldborgsundcentret www.fotex.dk
He's Running Sushi, Guldborgsundcentret www.just-eat.dk
Mamma Mia Guldborgsundcentret www.mammamia-nykoebing.dk

Cycle hire

Udlejning af cykler ved Slotsbryggen Slow Boat: Tlf.: +45 54 87 42 42

Accommodation

Damsgaards B&B tel. +45 54 86 08 86
Ny Kirstineberg B&B, tel. +45 23 71 22 84 www.bedbreakfast-nykoebingfalster.dk
Postholderens sted (Guldborg) tel. +45 23 20 83 06 www.postholderenssted.dk
Guldborg Camping (Guldborg) tel. +45 54 77 00 96 www.guldborgcamping.dk
Motel Majbølle Gl. Skole (Majbølle) www.motel-majbolle.dk
Hotel Liselund (Sundby) tel. +45 54 85 15 66 www.hotelliselund.dk
Nature pitches: www.sundruten.dk/teltpladser

Further information

www.visitlolland-falster.dk
www.sundruten.dk and
www.den-lille-turisme.dk



The Sund Route

Detailed map 1 of 2



You can find other panorama routes along the Berlin-Copenhagen bikingroute at www.visiteastdenmark.dk/cykelruter-panorama

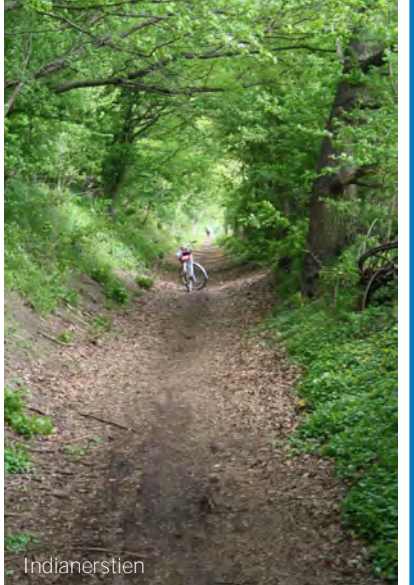
Open Street Map, Naviki



Vennerslund Gods



Ny Kirstineberg B&B



Indianerstien



Strånboulevarden



The Sund Route

Detailkort 2 ud af 2



Guldborgsund



Signage Sund route



Majbølle Nor